

## GOPIBIRLA MEMORIALSCHOOL 2025-26

GRADE : 6<sup>TH</sup> Physical Education

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### ANNUALPLAN

MONTH	MAIN CONTENT/CHAPTERS	ACTIVITIES
April	Fitness activity	
JUNE	Chess	Indoor Games
JULY	Carrom	Indoor Games
AUGUST	Touch Rugby	Recreation Games (Tag the person )
SEPTEMBER	Football	Recreation Games (ten passing between teams )
OCTOBER	Handball	Recreation Games ( 3 men passing and shot )
NOVEMBER	Dodgeball	Recreation Games
DECEMBER	Athletics	Recreation Games (catch the dragaon tail )
JANUARY	Sports Day	Sports day
FEBRUARY	Fitness And Fun games ( Practical Exam )	Exam